| <b>Cedar County</b>   | <b>Food Pantries</b>   |
|---|--|
| Calvary Foursquare Church<br>Bread of Life Food Pantry<br>1100 N Hwy 38<br>Tipton, IA<br>563-886-6418   | <b>No Income Guidelines</b> Distribution of food is the 3 <sup>rd</sup> Sat of each month from 9-10:30 am <b>(otherwise by appt.)</b>  |
| Durant/Wilton Food Pantry<br>408 Cedar St<br>Wilton, IA<br>Ken: 563-886-4498  | Must be a resident of Durant or Wilton school district, No Income Guidelines Open 1 <sup>st</sup> and 3 <sup>rd</sup> Tues 9-11 am and 6-7 pm                                      |
| St. John's United Church of Christ<br>320 9 <sup>th</sup> Ave<br>Clarence, IA<br>Pastor Matt: 563-452-3022  | Wednesdays 5:30-6:30 pm  |
| West Branch Food Pantry 113 N 1 <sup>st</sup> St West Branch, IA 319-643-2010 Carol Jones (leave message) 319-359-7834 Deb Patty (leave message)  | By appt. ONLY Must be in West Branch School District 4:15-6:30 p.m. on Tuesday or Thursday   |
| Lowden Food Pantry Trinity Lutheran Church 801 Washington Ave Lowden, IA Eunice: 563-941-5859 or Office: 563-941-5853   | On an emergency basis ONLY Must be in North Cedar School District No Income Guidelines Call Eunice or office to set up an appt. If no answer, leave phone number and speak slowly  |
| Zion United Church of Christ Food Pantry<br>402 Main St<br>Lowden, IA<br>563-941-7726   | No Income Guidelines Open 2 <sup>nd</sup> Saturday of the month 10 am to 12 pm   |
| Mechanicsville Community Cupboard<br>307 E First St at Linn St<br>Mechanicsville, IA<br>563-432-7716  | Must be in North Cedar School District  2 <sup>nd</sup> and 4 <sup>th</sup> Thursdays 6:00-7:00 pm Perishables and non-perishables Bring a photo ID to register No appt. necessary |
| HACAP Mobile Food Pantry Usually these dates:<br>1 <sup>st</sup> Friday @Tipton UM Church 3:30-4:30 pm<br>2 <sup>nd</sup> Tues @Bennett Ambulance 3:30-4:30 pm<br>3 <sup>rd</sup> Tues @West Branch Fire Dept. 3:30-4:30 pm | For Locations and dates visit link below Eligibility Guidelines Apply https://www.hacap.org/our-initiatives/health- nutrition  |
| Peace United Church of Christ<br>414 Maple St<br>Bennett, IA 52721<br>Pastor Scott: 563-893-2565 or 2728  | Eligibility Guidelines Apply  2 <sup>nd</sup> Tues of the month  3-4 pm at the ambulance building  5-6:30 pm at the church   |

| Other Food Resources                |   |
|-------------------------------------|---|
| Shared Blessings Community Meals    | A free meal offered for those who wish to come.                           |
| Tipton United Methodist Church      | Offered on the 2 <sup>nd</sup> and 4 <sup>th</sup> Saturday of each month |
| 607 Lynn St                         | from 11:00 am-12:00 pm  |
| Tipton, IA                          | Also host HACAP mobile pantry 1st Friday of month                         |
| 563-886-2331                        | 3:30- 4:30 pm.  |
| Cedar County Community Services     | Emergency Basis   |
| Cedar County Courthouse             | Food and personal care items  |
| 400 Cedar St                        | Walk in or call 563-886-1726  |
| Tipton, IA                          | Regular hours are: 8:00 am-4:00 pm  |
| WIC (Women, Infants, Children)      | Supplemental nutrition program for pregnant women                         |
| Cedar County Courthouse             | and families with children under 5  |
| 400 Cedar St                        | Call Johnson Co. for appt. 319-356-6042                                   |
| Tipton, IA                          | Last Wednesday of the month 9 am- 4 pm                                    |
| Department of Human Services (DHS)  | SNAP Food assistance  |
| 315 Iowa Ave Ste 2                  | Call office for application or apply online:                              |
| Muscatine, IA                       | Dhs.iowa.gov/how-to-apply   |
| 563-263-9302 or 1-877-272-0614      | Dis.iowa.gov/now-to-appry   |
| Senior Meal Sites*                  |   |
| Cedar County Senior Dining          | Dine in meal at 11:30 am M-F  |
| 111 Orange St                       | Pick up: Call prior to 8:00 am for meal, leave message                    |
| Tipton, IA 52772                    | Meal pick up time 11:00-11:20 am M-F                                      |
| 563-886-3293                        | Home delivered meals, call in to set up.                                  |
| Durant Home delivered meal          | Meal delivery only on Thursdays   |
| Fay Wulf: 563-785-4525              | Call the day before and leave a message                                   |
| Mechanicsville Home delivered meals | Call before 8 am the day of or leave a message prior                      |
| 563-886-3293                        | to day wanting a meal.  |
|                                     | Home Delivered Meals M-F  |

\*Call for price of meal

## **Information Provided By:**

Community Action of Eastern Iowa 101 Lynn St. Tipton, IA 52772 563-275-4315

<u>Providing</u>: Energy Assistance (LIHEAP), Weatherization, Child & Adult Care Food Program, Child Care Resource & Referral, FaDSS, Head Start Preschool, Utility Disconnect Assistance, School Supplies, Fan/ Air Conditioner Program