

3rd & 4th Grade Volleyball

2025

1. The net will be 6'8" high.
2. The official must be notified for all substitutions.
3. The serving line will be moved in **15 feet** from the end line.
4. Foot faults will not be penalized.
5. The player may serve underhand or overhand.
6. The server can serve up to, but no more than 4 consecutive serves (points) after which time the ball will go to the other side.
7. No underhand carries or double hits.
8. Players must roll the ball under the net.
9. Only 3 hits per side when returning a ball.
10. A ball hit on the line is in.
11. Tournament games will be played utilizing rally scoring to 25. Games will be first team to 25 wins. All matches will play all three games.
12. Matches will not go over 45 minutes.
13. The let serve is now legal at all levels of play. A let serve is a serve that touches the net between the antennae but still crosses to the opponent's side of the net.
14. Each player will have EQUAL playing time and rotate in after her team has lost the serve.
15. Volley-lite balls will be used for match play.
16. Knee pads are required.
17. Uniform shirts must be tucked into shorts.
18. Each team will provide a line judge.
19. Volunteer referees will be provided by the hosting teams.

