Not sure what level to sign your child up for?

Is your child comfortable going under the water? If NO then <u>Lil' Flippers</u>: **Preschool Aquatics** – Objective is to help the student get comfortable in the water and aimed towards younger children (3-5) prepping them for success in Level 1. This class will have helts.

Is your child able to float on his/her back and belly by themselves? If NO then Level 1: Intro to Water Skills - Objective is to begin developing skills necessary to swim with a little assistance (no belts)

Does child swim front crawl without a belt by themselves? If NO then Level 2: Fundamental Aquatic Skills — Objective is to give student success with learning different fundamental skills and beginning to swim independent from the instructors.

Can child tread water for a minute, dive from the side, and swim a "basic" version of front crawl and elementary backstroke? If NO then Level 3: Stroke Development – Objective is for student to enhance their fundamental skills with some endurance and stroke technique.

Can your child do front crawl for 25 yards, swim breaststroke, or even side stroke? If NO then <u>Level 4:</u> Stroke Improvement – Objective is to fine tune all strokes.

JAMES KENNEDY FAMILY AQUATIC CENTER



ALL CLASSES WILL TAKE PLACE IN OUTDOOR FACILITY

Lil' Flippers – Preschool Aquatics Level 1 – Intro to Water Skills Level 2 – Fundamental Aquatic Skills Level 3 – Stroke Development Level 4 – Stroke Improvement

Visit www.tiptoniowa.org

for more information 700 Park Rd, Tipton, Iowa 52772 (563)886-2271

RED CROSS PRIVATE LESSONS

Offering Lil' Flippers & Levels 1, 2, 3 & 4)

COST: \$60.00 (Lil' Flippers & Levels 1-4)

DEADLINE:

We work on a first come first serve bases. There are a limited spots available for each session. It is all dependent on our instructors availability. Once it is filled, we will take names on a wait list until we can confirm the amount of instructors for that particular session and add people accordingly.

SESSIONS:

There will be 2 different sessions each running 3 weeks long. The classes will be held in the outdoor pool from 6:00-6:30 or 6:30-7:00 on Tuesday and Thursdays. These are one-on-one instruction lessons with our instructors helping them pass, or improve their skills, through a Red Cross level in 6 half an hour classes with the last class being a test out day.

This year we are adding a morning week long Private Red Cross Session. This will be 5 consecutive days (Monday-Friday) with 30 minute sessions. The end of the last day we will test them out of their level. Time slots are 9:30-10:00, 10:10-10:40 or 10:50-11:20.

Session 1: June 11 - 27

Session 2: July 8 - 12

Session 3: July 9 - 25

There are Red Cross group lessons if these fill up!

Visit www.tiptoniowa.org for more information

RED CROSS PRIVATE LESSONS REGISTRATION

ONE CHILD PER FORM PLEASE

Child'	s Name:								
Addre	ess:								
Age: _		Birthdate:			Ge	nder: N	4 F	;	
Parer	nts Name(s)	·							
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		Lil' Flippers							
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